

Subject: Fwd: Fitness on the Waterfront event - Saturday, Nov 5th at 9am
From: Lorena Parker <lparker@sanpedrobid.com>
Date: 11/02/2016 02:17 PM
To: Andy Pham <apham@sanpedrobid.com>

Lorena Parker
Executive Director
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----- Forwarded message -----

From: **Bezmalinovich, Augie** <ABezmalinovich@portla.org>
Date: Wed, Nov 2, 2016 at 1:39 PM
Subject: Fitness on the Waterfront event - Saturday, Nov 5th at 9am
To: "eswanson@sanpedrochamber.com" <eswanson@sanpedrochamber.com>, "lparker@sanpedroBID.com" <lparker@sanpedrobid.com>

Hi Elise - Anyway to get this out with the Chamber newsletter this week?

Hi Lorena - Any help blasting this out and handing out the flyers to the PBID condo residents would be appreciated

I hope that you are well and that you're enjoying your day. The Port of Los Angeles will be hosting a Fitness on the Waterfront event this Saturday, November 5th at 9am. The meeting place is along the promenade at 5th Street and Harbor Blvd (in front of Fire Station 112) and you may park at the Liberty Hill Parking lot located on 5th Street between Harbor Blvd and Palos Verdes Street (see the attached flyer for further details). The Port of LA recently installed exercise equipment along the San Pedro Promenade, 22nd Street Park and at the Wilmington Waterfront Park. Port Staff will be demonstrating how to use this exercise equipment along the promenade between Fire Station 112 and the fountain. The weather forecast for Saturday is sunny and warm with a cruise ship that will be docked near the bridge and Port staff we will be serving fresh coffee, water and light refreshments during this event. Please stop by around 9am this Saturday, grab a cup of coffee and join us for a walk along the promenade and try out the new exercise equipment. I hope to see you there and

please feel free to share this e-mail and flyer to your contacts!

Sincerely,

Augie Bezmalinovich

Community Affairs Advocate

Port of Los Angeles

[310-732-3503](tel:310-732-3503)

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— Fitness equipment flier.jpg —



Join us for the demonstration of the exercise equipment on the promenade.

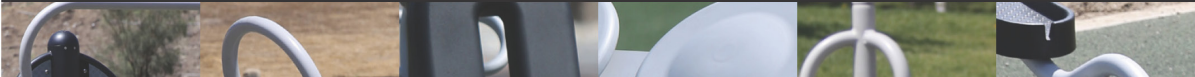
Free Coffee



FITNESS ON THE WATERFRONT
SATURDAY, NOV. 5TH AT 9AM



Meeting at 5th & Harbor



— Attachments: _____

Fitness equipment flier.jpg	1.0 MB
Fitness equipment flier.pdf	1.1 MB